



## Bedside Commodes

**Thank you for choosing DASCO to provide you with your bedside commode.**

There are a variety of different styles. Selection of the appropriate model depends on the physical limitations of the user and where it will be used. Most models fall into one of the following categories:

- Drop-arm models or those with removable arms
- 3 in 1 commode
- Bariatric commodes (for patients over 300lbs.)

The above categories provide toilet facilities at the bed side for individuals who have difficulty getting to the bathroom safely. There are also other special models for individuals with special needs.

### OPERATING INSTRUCTIONS

#### **For All Models:**

It is important that the user understands the necessity for exerting force only straight down in a vertical direction when getting up and down or transferring to and from the seat. Any significant force in a horizontal direction is likely to cause the commode to slide on the floor or even to tip over. Bedside commodes are relatively lightweight and are not anchored to the floor like the conventional bathroom toilet.

#### **General Tips on Drop-Arm Models:**

- These models provide for the needs of non-ambulatory users by permitting lateral or sliding transfers to and from bed, chair or wheelchair.
- The arm on either side can easily be dropped down out of the way by activating the release mechanism.
- The seat height should be set to the same level as the bed, chair or wheelchair from which the user will transfer.

#### **General Tips on 3 in 1 Models:**

- These models can be positioned over the regular bathroom toilet to provide adjustable seat height as well as assistance in getting up and down.
- Adjust by pressing the spring-tension buttons on each leg and telescoping the leg in or out to the desired length. Be sure the spring-tension buttons are locked securely.
- Simply remove the container and replace it with the splash guard that is furnished with this model.
- Raise the cover and seat of the regular bathroom toilet before putting the over-toilet unit in position.

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### Infection Control - Take Everyday Preventative Actions

**Everyday preventive actions are steps that people can take to help slow the spread of germs that cause respiratory illnesses, like flu. These include the following personal and community actions:**

- Cover your nose and mouth with a tissue when you cough or sneeze. This will block the spread of droplets from your mouth or nose that could contain germs.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub. Scrub hands with soap or sanitizer thoroughly for 30 seconds. Rinse thoroughly when using soap and dry with a clean paper towel. Turn faucet off with a paper towel.
- Avoid touching your eyes, nose, and mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you or your child gets sick with a respiratory illness, like flu, limit contact with others as much as possible to help prevent spreading illness. Stay home (or keep your child at home) for at least 24 hours after the fever is gone except to seek medical care or for other necessities. Fever should be gone without the use of a fever-reducing medicine.
- If an outbreak of flu or another illness occurs, follow public health advice. This may include information about how to increase distance between people and other measures.

**Thank you for choosing DASCO Home Medical Equipment.**

If you have any questions about your Bedside Commode, do not hesitate to contact us at

[www.goDASCO.com](http://www.goDASCO.com) or call 800-892-4044

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